



Going Beyond Suffering

Weekend Retreat with Ajahn Tiradhammo

Abbot of Bodhinyarama, New Zealand

Friday, 10th December to Sunday, 12th December 2010

Ajahn Tiradhammo is a very warm and cheerful Bhikkhu, and always an interesting speaker. With 36 years of experience as a Buddhist Monk, Ajahn Tiradhammo has led many meditation retreats throughout the world. We are privileged that Venerable Ajahn is able to lead a weekend retreat at Wat Buddha Dhamma.

The Retreat schedule will consist of morning/evening chanting, mindful work, sitting/walking meditation, Dhamma talk and Q&A in the evening. Retreatants are asked to observe the eight precepts and noble silence. This retreat is suitable for beginners and experienced meditators.

Arrival and check-in between 3 pm and 5 pm on Friday, 10th December. Introduction talk at 8:00 pm.

About the Teacher:

Ajahn Tiradhammo (Ian Adams) was born in New Westminster, British Columbia in 1949. In 1973 he became a novice and took his higher ordination one year later at Wat Meung Man in Chiang Mai with Venerable Tong. In 1975 he moved, in order to be with Ajahn Chah, staying at Wat Pah Pong and Wat Pa Nanachat. He went on several tudong journeys through the northeast of Thailand and the mountains of Chiang Mai, visiting many famous forest meditation masters.

He was invited to England in 1982 to help with developments there. He spent two years at Chithurst Monastery, and three years in charge of Harnham Vihara in Northumberland. In 1988 he helped establish Dhammapala Monastery near Bern, Switzerland and also later at its new location in the Bernese Alpine village of Kandersteg where he was the senior monk until 2005. In July 2005 he assumed the position of Abbot at Bodhinyarama, Wellington, NZ.

Dates: Friday 10th December from 6.00 pm through Sunday 12th December 2010 afternoon.

Venue: WBD Forest Monastery, Ten Mile Hollow, Wisemans Ferry, NSW

Cost: By Donation.

Register for the retreat by visiting our website at www.wbd.org.au and filling out an Application Form and sending it to wbdretreats@gmail.com. If you have any further queries, please call the office between 9 - 12 noon at (02) 4323 3193.

NB: Please register early as there are limited spaces.