



WBD FOREST MONASTERY

Ajahn Chah's Memorial weekend
16th - 18th January 2009

The world is in a very feverish state.
The mind changes from like to dislike
with the feverishness of the world.
If we can learn to make the mind still,
it will be the greatest help to the world.
Ajahn Chah

Friday 16th January

Ajahn Chah's Memorial Day

7:30 - 9:00 pm Chanting and Meditation
9:00 to Midnight Meditation (Optional)

Saturday 17th January

6:30 - 7:15 am Breakfast
7:30 - 10:30 am Work Period
11:00 - 12:00 Lunch & Clean Up
12:00 - 2:00 pm Rest Period
2:00 - 5:00 pm Work Period
6:00 - 7:00 pm Evening Drinks
7:30 - 8:30 pm Chanting & Dhamma Talk
9:00 Movie Screening of Ajahn Chah

Sunday 18th January

5:00 - 6:15 am Chanting & Meditation (Optional)
6:30 - 7:15 am Breakfast
7:30 - 10:30 am Work Period
11:00 - 1:00 pm Lunch & Clean Up

Please call to register on 02 43 233 193

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