



Wat Buddha Dhamma—Forest Monastery
Ten Mile Hollow Wisemans Ferry NSW 2775
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The Magic of Metta—Weekend Retreat with Luang Por Thong Dang

Friday, 1st May 2009 to Sunday, 3rd May 2009

Wat Buddha Dhamma is delighted to host Luang Por Thong Dang's first trip to Australia. A quiet and soft-spoken monk, Luang Por (a term of respect and affection, meaning Venerable Father) is renowned for his immense metta.

"Five minutes in his presence is worth at least one ten-day retreat." So come and see for yourself.

The Retreat schedule will consist of morning/evening chanting, chores, sitting/walking meditation, Dhamma talk and Q&A in the evening. Retreatants are asked to observe the eight precepts and noble silence.

Arrival and check-in between 5 pm and 7 pm on Friday, 1st May followed by an introduction talk by Venerable Khemavaro at 8:00 pm

About the Teacher:

Luang Por Thong Dang is the Abbot of Doi Phra Chow Dtone Luang Monastery in Changmai, Thailand. He has been a monk for 33 years in the Thai forest tradition of Ajahn Mun. Recently, he has lead pilgrimages to India and travelled to Malaysia to spread the Dhamma.

He will be accompanied by Tan Moshe, his translator. Tan Moshe ordained in Ajahn Chah's tradition in Ubon 2000. He has lived with Luang Por Thong Dang for several years and has translated for him on numerous trips to Malaysia and India.

Dates: Friday 1st May, from 6.00 pm through Sunday 3rd May 2009 Noon.

Venue: WBD Forest Monastery, Ten Mile Hollow, Wisemans Ferry, NSW

Cost: By Donation.

Register for the retreat by visiting our website at www.wbd.org.au and filling out a Guest Application Form. If you have any further queries, please call the office 9 am to 12 noon: (02) 4323 3193.

NB: Please register early as there are limited spaces.